

Registration Application and Guardian Consent Form:

Name _____
Address _____
City, State, Zip _____
Phone _____
Email _____

Age and Grade as of September 1, 2006 _____

School _____ Church _____

Camp Location: _____ Dates: _____

Fitness Level: Excellent V.Good Good Fair Poor

In case of emergency, call _____

Phone # _____ Relation _____

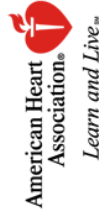
I give permission for _____ to participate in the KidzB.E.A.T. Program. I understand that my child will participate in various physical fitness activities. I know of no medical reason that would prevent my child from participating safely in the activities that will be covered in the program. I assume the risk of injury to my child, and I hereby waive and release any and all liability, rights and claims for damages that I may have against the American Heart Association, the church and facility host organizations, the program facilitators, or any other persons involved in the program. In the event of an emergency, I authorize the KidzB.E.A.T. Team to contact a physician, hospital, or emergency personnel to provide medical care for my child. I agree with this medical release and give my consent for my child to participate. I also give permission for my child to participate in camp photos to promote health awareness.

I understand that it is the sole responsibility of each participant to make sure their personal items are locked up properly in the storage provided. The host church, school, or community organizations and locations and the American Heart Association assume *no responsibility* for lost or stolen personal property.

Signature of Parent/Guardian _____
Date _____ Contact Phone _____

KIDZ B.E.A.T. will be held at various churches and community locations, and will be facilitated by Pauletta Hatchett. Ms. Hatchett is a member of the American Heart Association Minority Outreach Committee and the Executive Director of **MegaFit Health, Recreation and Fitness**. She is also a nationally certified Jumpstart Aerobics and Group Fitness Instructor, a Master Presenter and Trainer for fitness and health Conferences around the nation, and believes in lifestyle fitness. Ms. Hatchett is a faculty member at Cuyahoga Valley Christian Academy. She also serves as the Missions Team Leader and as the Administrative Director of the Family Life Center Gymnasium at The House of the Lord church in Akron, Ohio.

KIDZ B.E.A.T. is a program of the **American Heart Association®** and is funded by the **United Way Development Fund**.



YOUTH PROGRAMS

Mail registrations to:
MegaFit Health, Recreation and Fitness
KIDZ B.E.A.T. Program Instructor
P. O. Box 994
Akron, OH 44309
Phone: 1-888-240-5856
Email: megafit@sbcglobal.net

Fax Registrations to: 1-888-240-5856

YOUTH PROGRAMS



**KIDZ
B.E.A.T.**

An outreach program that encourages youth to choose positive, healthy lifestyles

**For more information call:
1-888-240-5856**

KIDZ B.E.A.T.

KIDZ B.E.A.T. (Basic Education & Activity Training) is a fun and effective outreach for youth boys and girls in their "teens," (students between the ages of 8 and 13).

The four (4) components of the **KIDZ B.E.A.T.** program are:

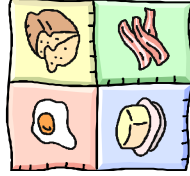
- Healthy Image/Healthy Body
- Fit & Phat
- Smoke is No Joke!
- "Backtivities"

All participants will receive **FREE health and fitness items** to keep and enjoy, including:

- Water Bottle
- Jump Rope
- Activity Ball
- Pedometer
- Duffle Bag

We reserve the right to substitute items, if necessary. *Equipment available while supplies last.*

HEALTHY LIFESTYLE/HEALTHY BODY promotes a healthier body image as it relates to positive lifestyle choices; and offers healthy nutrition information, recipes and tips on eating out and on the run.



FIT & PHAT teaches youth the importance of ongoing physical activity, weight management and total fitness as part of heart-healthy living.



SMOKE IS NO JOKE! guides participants by instruction and discussion with skills that enable them to live a tobacco-free lifestyle.



"BACKTIVITIES" include materials and activities that may be used by children and their parents after the program is completed as a way to reinforce and support goals for healthy living when they are back home.



Program Dates and Locations

Registration is FREE:

Space is Limited to 50 students/location

Camp I: June 12 - 15, 6:30 – 8:30 pm
Greater Holy Trinity COGIC (VBS)
980 Rhodes Avenue, Akron, OH 44307

Camp II: June 26 - 30, 1:00 - 4:00 pm
Emmanuel Christian Academy (only)
Lighthouse Academy Summer Enrichmt.
1831 Wooster Ave., Akron, OH 44320

Camp III: July 10 - 13, 9:00 - 11:30 am
Camp is Open to the Community
The House of the Lord - Gymnasium
1650 Diagonal Road, Akron, OH 44320

Camp IV: June 14 & 21, 1:30 - 3:30 pm
Arlington COGIC Summer Program
539 S. Arlington Street, Akron, OH 44306

Camp V: June 19,26,30 9:30 - 11:30 pm
East Akron Community House
550 S. Arlington Street, Akron, OH 44306

Camp VI: July 13 1:00 - 4:00 pm
North Hill YMCA Summer Camp
10 W. Tallmadge Ave, Akron, OH 44310

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